

Personal Health History

A personal and family health history is valuable in making health decisions, and may provide important information about potential hereditary health conditions. Review and update this form as your health status changes. Include records if possible. Alternatively, consider using the Surgeon General's web based tool, My Family Health Portrait. *Resources: Creating a Family Health History under U.S. Department of Health and Human Services, pg. 62.*

Incident or Illness	Date of incident or age of onset	Comments / Family History
AIDS		
Alcohol Addiction		
Anemia		
Angina (Chest Pain)		
Arteriosclerosis		
Arthritis		
Artificial Heart Valve		
Artificial Joints		
Asthma		
Blood Disorder		
Blood Transfusion		
Cancer		
Chemotherapy		
Cystic Fibrosis		
Diabetes Type One		
Diabetes Type Two		
Drug Addiction		
Eating Disorder		
Emphysema		
Epilepsy/Seizure Disorder		
Fainting or Dizzy Spells		
Glaucoma		
Hay Fever or Allergies		
Heart Disease or Attack		
Heart Failure		
Heart Murmur		
Heart Pacemaker		
Heart Surgery		

Incident or Illness	Date of incident or age of onset	Comments / Family History
Hemophilia		
Hepatitis A		
Hepatitis B Positive		
Hepatitis C Positive		
High Blood Pressure		
HIV Positive		
Jaundice		
Kidney Trouble		
Liver Disease		
Mental Illness		
Mitral Valve Prolapse		
Nicotine Addiction		
Pneumonia		
Pregnancies		
Radiation Therapy		
Rheumatism		
Serious Injuries		
Sickle Cell Disease		
Sinus Trouble		
Stroke		
Surgeries:		
Thyroid Problem		
Tuberculosis, Active		
Tuberculosis, Positive Test		
Tumors		
Ulcers		
Venereal Disease		
Condition not listed:		